

## Helpful Books and Online Resources for Families, Parents, and Adolescents

7 Habits of Highly Effective Teens by Sean Covey

Adolescence: The Survival Guide for Parents and Teenagers by Elizabeth Fenwick

Chicken Soup for The Teenage Soul on Tough Stuff by Jack Canfield, Mark Victor Hansen, and Kimberly Kirberger

Don't Sweat The Small Stuff for Teens by Richard Carlson

Grandparents Raising Grandchildren Group (Namaqua Center)

Love and Logic ([www.loveandlogic.com](http://www.loveandlogic.com))

Parenting Teens with Love and Logic by Foster Cline and Jim Fay

PEAK Parent Center ([www.peakparent.org](http://www.peakparent.org))

Positive Behavior Support ([www.pbis.org](http://www.pbis.org))

Toughlove by D.A.A. York, Phyllis York, and Ted Wachtel

Who Moved My Cheese? by Spencer Johnson

Who Moved My Cheese For Teens by Spencer Johnson

For more information and resources contact the  
Loveland Public Library (970)962-2665  
300 North Adams, Loveland, CO 80537

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## Community Resource Guide of Larimer County: A Family's Path to Support



**Emergency Services:**

*Police*  
Berthoud.....532-2611  
Loveland.....667-2151

*Sheriff*  
Larimer County.....498-5100

*Fire Department*  
Emergency.....911

**Basic Needs**

*Christ Center Church*.....223-4442  
*Find Thrift Store*.....663-4173  
*Food Bank*.....744-7600  
*Food and Nutrition Program for Women, Infants, and Children*.....679-4590  
*Food Stamps*.....498-6300  
*Goodwill*.....5.93-1032  
*Habitat for Humanity Thrift Store*.....6.69-7343  
*House of Neighbory Services*.....667-4939  
*LEAP*.....679-4451  
*Meals on Wheels*.....667-0311  
*Neighbor to Neighbor*.....663-4163  
*Salvation Army*.....207-4472  
*Seventh Day Adventist*.....482-7365  
*SHARE Colorado*.....1800 933-7427  
Temporary Assistance for Needy Families (TANF).....498-6300

**Housing/Shelter/Transitional Housing**

Alternatives to Violence.....669-5150  
Care Housing.....282-7522  
Community Connections.....669-0380  
Interfaith Hospitality Network/Angel House.....663-1716  
Habitat for Humanity.....669-7343  
House of Neighbory Services.....667-4939  
Loveland Housing Authority.....667-3232  
Neighbor to Neighbor.....663-4163  
The Matthews House.....472-0609

**Healthcare**

Birthright of Loveland.....663-2671  
Call for Care.....1800 505-6877  
Child Health Plan Plus (CHP+).....407-7959  
Healthy Beginnings Prenatal Program.....667-6241  
Health District of Northern Colorado.....224-5209  
Larimer County Health Department.....679-4580  
Loveland Community Health Center.....668-4855  
    Dental.....461-8942  
Loveland Lion's Club (eye exams).....663-6882  
McKee Medical Center.....669-4640  
Medical Center of the Rockies.....624-2500  
Medicaid.....1 800 221-3943  
Planned Parenthood.....493-0281

**Counseling/Support Services**

Child Safe.....613-4343  
Harmony House.....461-8855  
Larimer County Child Advocacy Center.....407-9739  
Larimer County Rape Crisis/Sexual Violence Hotline.....472-4200  
Lutheran Family Services.....669-2631

*Mental Health*

Care Counseling Center.....532-4755  
Creative Counseling Services.....663-2900  
Larimer Center for Mental Health.....494-9870  
Loveland Counseling Connections.....461-8944  
McKee Behavioral Health Services.....663-92-28  
Mountain Crest Behavioral Health.....207-4800  
Namaqua Center.....669-7550  
Suicide Resource Center of Larimer County.....635-9301  
The Center.....495-0084

*Grief and Loss*

Hospice of Larimer County.....663-3500

*Substance Abuse*

AA, Alanon, Pre-Alateen, Alateen.....669-6264  
Alcoholics Anonymous.....586-2471  
Larimer County Department of Human Services.....498-6300  
Island Grove (LCMH).....669-1700

**Disabled Services**

CSU Disability.....491-6385  
Disabled Resource Services.....667-0816  
Foothills Gateway.....226-5379  
Mosaic.....461-2400  
Social Security Administration.....482-7354  
Wings.....667-3636

**Employment /Educational Services**

Center for Adult Learning.....663-7111  
Colorado Workforce Center.....(303)318-8000  
Division of Vocational Rehab.....223-9823  
Larimer County Workforce Center.....667-4261  
Project Self-Sufficiency.....635-5912  
The Tutor Center.....203-1134  
Thompson R2-J School District.....613-5000

**Youth Programs/Activities**

Boys and Girls Club.....223-1709  
Chilson Center.....962-2386  
Loveland Youth Gardeners.....669-7182  
Partners Mentoring Youth.....613-2187  
Youth Conservation Core.....498-6630  
Youth Links.....667-4261

**Transportation**

City of Loveland Transit (COLT).....962-2700  
SAINT.....223-8645